

YOUTH DEVELOPMENT, TINYMITES & MASTERS 70+ **LEAGUE EVENT #1** February 17, 2018 **PROGRAMME OF EVENTS**

1	Youth Development	U7 – 1 Lap (NCC - Car Park area)
	(Male and Female separate events)	U9 – 1 Laps (NCC - Car Park area)
		U11 – 2 Laps (NCC - Car Park area)
		U13 – 2 Laps (NCC - Car Park area)
3	Vets 70+	2 Laps (around the roundabout NCC)
4	Tinymites (Male and Female)	4 Laps (around the roundabout NCC)
4	Tinyintes (Male and Female)	4 Laps (around the foundabout NCC)
5	Youth Development	U7 – 1 Lap (NCC - Car Park area)
	Skills session - cones, obstacles	U9 – 2 Laps (NCC - Car Park area)
	(Male and Female separate events)	U11 – 3 Laps (NCC - Car Park area)
		U13 – 3 Laps (NCC - Car Park area)
	15 MINUTES BREAK	
	Youth Development	U7 – 1 Lap (NCC - Car Park area)
	Skills session - 1 hand, balancing.	U9 – 1 Laps (NCC - Car Park area)
	(Male and Female separate events)	U11 – 2 Laps (NCC - Car Park area)
		U13 – 2 Laps (NCC - Car Park area)
7	Vets 70+	3 Laps (around the roundabout NCC)
8	Tinymites (Male and Female)	6 Laps (around the roundabout NCC)
9	Youth Development	U7 – 1 Lap (NCC - Car Park area)
	(Male and Female separate events)	U9 – 2 Laps (NCC - Car Park area)
	· · · · · · · · · · · · · · · · · · ·	U11 – 3 Laps (NCC - Car Park area)
		U13 – 3 Laps (NCC - Car Park area)
10	Vets 70+	4 Laps (around the roundabout NCC)
11		
11	Tinymites (Male and Female)	8 Laps (around the roundabout NCC)